**RSE, PSHE and Safeguarding Curriculum**

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|   | **Advent 1**  | **Advent 2**  | **Lent 1**  | **Lent 2**  | **Pentecost 1**  | **Pentecost 2**  |
| **Whole School**  | Mission statement, Vision and Values Assembly  Cafod Family Fast day  Collection for Ashby Foodbank – Harvest PAT dogs Recycling assembly – Recycling week. Play Coach training  | Black History week Firework safety  Feast of St Charles Borromeo Antibullying week  Diwali Assembly  Christmas local charities fundraising  Diabetes awareness assembly  Fire safety – visit from fire station (Y1 and Y5)  | Internet safety week  Children’s mental health week  Pharmacy Visit (drug awareness – Y5/6)   | Lenten Fundraising Healthy lunchboxes Science week  Warning Zone – Year 5 / 6    | Bikeability – Year 6  Road Safety   | Local Community Litter picking  Water safety talk Sports Day  Vocations week     |
| **St Charles Way**  | Mission statement Vision:  With a love for learning. With Christ in their hearts. With a deep sense of responsibility. Values: Compassionate Aspirational  | Mission statement Vision:  With life-long skills to enhance their future. With outstanding manners. Showing care and respect for all. Values:  Determined Enthusiastic  | Mission statement Vision:  Having achieved their best. With a sense of pride and confidence. Values : Humble Friendly Trustworthy  | Mission statement Vision:  With a love for learning. With Christ in their hearts. With a deep sense of responsibility. Values: Compassionate Aspirational  | Mission statement Vision:  With life-long skills to enhance their future. With outstanding manners. Showing care and respect for all. Values:  Determined Enthusiastic  | Mission statement Vision:  Having achieved their best. With a sense of pride and confidence. Values  Humble Friendly Trustworthy  |
| **Ordo Themes**  | Welcome Creation Encounter Belonging  Learning  Inclusion  Rosary  Diversity   | Individuality  Holiness Giving Youth Kingdom Hope Peace Joy  | Epiphany Discipleship Inspire Challenge Care Healing  | Justice Prayer Fasting Almsgiving  Sacrifice Journey  | Missionary discipleship Faith Vocation Witness Example Communication  | Piety Knowledge Understanding  Wisdom  Counsel  |
| **House teams**  | Election of house captain / vice Collective worship led by house captains  House mission statement   | Feeling safe at school – anti bullying focus  Supporting others – advent charities  | How do we stay safe online / outside of school   Eco award / roadmap   |   | Diversity and equality   Catholic Life Evaluation  |   |
| **Parental Engagement**  | Phonics workshop  Harvest Liturgy SPECIAL MENS  | Firework night Nativity plays Christmas Fair  | Online safety meeting  SATS meeting  | Mothers Day Liturgy Easter Bingo  |   | Summer Fair Father’s Day liturgy  |
| **British Values** British Values D- Democracy IL- Indidivual Liberty MR- Mutual Respect RoL- Rule of Law T- Tolerance  | Democracy Voting Eco team / chaplaincy leads.  House captain voting  | Tolerance of those of different faiths and beliefs: Black history week    | Individual liberty   | Mutual respect   | Tolerance  | The rule of law   |
| **Understanding of technology & Media**  | See computing LT plan  |   | Internet safety week   | Warning Zone- Year 6  |   |   |
| **Physical and mental health**  | ELSA  | ELSA   |   |   |   |   |
| **Citizenship**   | Measham Community Gardening Committee (weekly)  | Poppy Appeal PGL – Years 5 / 6World youth fun day  |   |   |   | YEAR 6 Police visit  |
| **Economic wellbeing**  |   |   |   |   |   | Money Matters (curric) Aiming High (PSHE curric) Grow a pound (Y6) young enterprise challenge  |

**Personal Development Curriculum Overview**

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|  | **Advent 1** | **Advent 2** | **Lent 1** | **Lent 2** | **Pentecost 1** | **Pentecost 2** |
| **Class 1 EYFS/Y1** | EYFS PSE Curriculum: Establishing clear routines. People who help us. | RSE  | RSE Well-being Week (In Year groups) | RSE | Our community . Our wider world | Keeping safe in the communityRoad Safety | Healthy LivingDental Hygiene |
| **Class 2 Y1/2 A** | [Think Positive KS1](https://www.twinkl.co.uk/resources/pshce-twinkl-life/ks1-pshe-scheme-of-work-pshe-citizenship-and-relationships-education-twinkl-life/think-positive-year-2-pshce-twinkl-life)  | RSE  | RSE | One World KS1(Twinkle) | It’s my body | Aiming High KS1(Twinkle) |
| **Class 2 Y1/2 B** | Safety First KS1 | RSE | RSE | [Diverse Britain](https://www.twinkl.co.uk/resources/pshce-twinkl-life/living-in-the-wider-world-pshe-and-citizenship-twinkl-life/britain-living-in-the-wider-world-pshe-citizenship-and-relationships-education-twinkl-life) KS1(Twinkle) | [Money Matters KS1](https://www.twinkl.co.uk/resource/pshe-and-citizenship-ks1-money-matters-planning-overview-t-lf-2549216) (Twinkle) |
| **Class 3 Y3/4 A** | [Think Positive LKS2](https://www.twinkl.co.uk/resources/pshce-twinkl-life/health-and-wellbeing-pshe-and-citizenship-twinkl-life/think-positive-health-and-wellbeing-pshe-citizenship-rse-smsc-scheme-of-work-schools-mental-health-school-wellbeing-wellbeing-resource)  | RSE | RSE | British Values | One World LKS2 | [Aiming High LKS2](https://www.twinkl.co.uk/resource/pshe-and-citizenship-lks2-aiming-high-planning-overview-t-lf-2549471)(Twinkle) |
| **Class 3 Y3/4 B** | Safety First LKS2 | RSE | RSE | British Values | [Diverse Britain LKS2](https://www.twinkl.co.uk/resource/pshe-and-citizenship-lks2-diverse-britain-planning-overview-t-lf-2549350)(Twinkle) | [Money Matters LKS2](https://www.twinkl.co.uk/resource/pshe-and-citizenship-lks2-money-matters-planning-overview-t-lf-2549336)(Twinkle) |
| **Class 4 Y4/5 A** | [Think Positive UKS2](https://www.twinkl.co.uk/resources/pshce-twinkl-life/health-and-wellbeing-pshe-and-citizenship-twinkl-life/think-positive-health-and-wellbeing-pshe-citizenship-rse-smsc-scheme-of-work-schools-mental-health-school-wellbeing-wellbeing-resource) Digital wellbeing L4: Social Media | RSE | RSE | British Values | One World UKS2(Twinkle) | [Aiming High UKS2](https://www.twinkl.co.uk/resource/pshe-and-citizenship-uks2-aiming-high-planning-overview-t-lf-2549490)(Twinkle) |
| **Class 4 Y4/5 B** | Safety First UKS2 Digital Wellbeing L6: Fake News | RSE | RSE | British Values | [Diverse Britain UKS2](https://www.twinkl.co.uk/resource/pshe-and-citizenship-uks2-diverse-britain-planning-overview-t-lf-2549398)(Twinkle) | [Money Matters UKS2](https://www.twinkl.co.uk/resource/pshe-and-citizenship-uks2-money-matters-planning-overview-t-lf-2549428)(Twinkle) |
| **Class 5 Year 6** | Be yourself | RSE | RSE | British Values | Respecting Rights | Grow a Pound- Young enterprise challenge |

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| Health and well-being | Living in the Wider World | Ten Ten Life to the Full RSE(See below) | British Values | Economic Well-beingAspirations, work and career | Economic Well-being: Money |

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| **RSE Curriculum Overview: Ten Ten 2 Year Cycle** |
| **Live Life to the Full – Ten Ten - Pathway #2 Cycle A (2022-23)** |
|  |  | **Class 1 (EYFS/Y1)**EYFS: Rec | **Class 2 (Y1/2)**KS1 Y1 | **Class 3 (Y3/4)**Lower KS2 Y3 | **Class 4 (Y4/5)**Lower KS2 Y4 | **Class 5 (Y6)**Upper KS2 Y6 |
| 24th October | 1 | **EYFS Mod 1 Unit 1**Story: Handmade with love | **KS1 Mod 1 Unit 1**Story: Let the Children Come | **LKS2 Mod 1 Unit 1** Story: Get Up!S2: The Sacraments | **LKS2 Mod 1 Unit 1** Story: Get Up! | **UKS2 Mod 1 Unit 1**Story: Calming the storm |
| 31st October | 2 | **EYFS Mod 1 Unit 2**S1: I am Me (R) | **KS1 Mod 2 Unit 1**S1: God loves you. | **LKS2 Mod 2 Unit 1** Story: Jesus my Friend |  **LKS2 Mod 1 Unit 3**S1: What am I feeling? | **UKS2 Mod 1 Unit 2**S1: Gifts and talents |
| 7th November | 3 | **EYFS Mod 2 Unit 2**S1: Who’s who? | **KS1 Mod 2 Unit 2**S1: Special People | **LKS2 Mod 2 Unit 2** S1: Friends, family and others | **LKS2 Mod 1 Unit 3**S2: What am I looking at? | **UKS2 Mod 1 Unit 2**S4: Spots and Sleep |
| 14th November | 4 | **EYFS Mod 2 Unit 2**S2: You’ve got a friend in me | **KS1 Mod 2 Unit 2**S2: Treat Others Well | **LKS2 Mod 2 Unit 2**S2: When things feel bad | **LKS2 Mod 1 Unit 3**S3: I am thankful | **UKS2 Mod 1 Unit 3**S1: Body image |
| 21st November | 5 | **KS1 Mod 2 Unit 2**S3: …and say sorry | **LKS2 Mod 2 Unit 3**S1: sharing online | UKS2 Mod 1 Unit 2S1: Gifts and talets | **UKS2 Mod 1 Unit 3**S2: Peculiar Feelings |
| 28th November | 6 | **EYFS Mod 2 Unit 2**S3: Forever Friends | **KS1 Mod 2 Unit 3**S1: Being Safe | **LKS2 Mod 2 Unit 3** S2: Chatting online | **LKS2 Mod 1 Unit 4**S1: Life cycles | **UKS2 Mod 1 Unit 3**S3: Emotional Changes |
| 5th December | 7 | **KS1 Mod 2 Unit 3**S2: Good and bad secrets | **LKS2 Mod 2 Unit 3** S4: Drugs, alcohol and tobacco |
| Holiday |
| Well-being Week2nd January |  | **Year R****EYFS Mod 1 Unit 4**S1: Growing up**EYFS Mod 2 Unit 3**S1: Safe inside and outS2: My body, my rules | **Year 1****KS1 Mod 1 Unit 2**S1: I am Unique (R)**KS1 Mod 2 Unit 3**S3: Physical Contact **KS1 Mod 1 Unit 4**S1: The Cycle of life | **Year 2****KS1 Mod 1 Unit 2**S1: I am Unique (R)**KS1 Mod 1 Unit 2**S2: Girls and Boys | **Year 3****LKS2 Mod 1 Unit 2** S1: We don’t have to be the sameS2: Respecting our bodies **LKS2 Mod 2 Unit 3** S3: Safe in my body | **Year 4****LKS2 Mod 1 Unit 2** S2: Respecting our bodies (R)S3: What is puberty?S4: Changing Bodies | **Year 5****UKS2 Mod 1 Unit 2**S2: Girls BodiesS3: Boy’s BodiesS4: Male / Female discussion groups **UKS2 Mod 1 Unit 4**S3: Menstruation | **Year 6****UKS2 Mod 1 Unit 4**S1: Making Babies Part 1S2: Part 2 **UKS2 Mod 1 Unit 4**S3: Menstruation (R) |
| 9th January | 1 | **EYFS Mod 2 Unit 3**S3: Feeling Poorly | **KS1 Mod 2 Unit 3**S4: Harmful substances | **LKS2 Mod 2 Unit 3** S5: First Aid heroes | **UKS2 Mod 2 Unit 2**S1: Under Pressure | **UKS2 Mod 1 Unit 3**S4: Seeing stuff on line |
| 16th January | 2 | **EYFS Mod 2 Unit 3**S4 People who help us | **LKS2 Mod 3 Unit 1**S1:A community of love | **UKS2 Mod 2 Unit 2**S2: Do you want a piece of cake? |
| 23rd January | 3 | **EYFS Mod 3 Unit 1**S1: God is love | **KS1 Mod 3 Unit 1**S1: Three in one | **LKS2 Mod 3 Unit 1**S1:A community of love | **LKS2 Mod 3 Unit 1**S1: A community of Love | **UKS2 Mod 3 Unit 1**S1: The Trinity |
| 30th January | 4 | **EYFS Mod 3 Unit 1**S2: Loving God, loving others | **KS1 Mod 3 Unit 1**S2: Who is my neighbour? | **LKS2 Mod 3 Unit 1**S2: What is the church? | **LKS2 Mod 3 Unit 1**S2: What is the church? | **UKS2 Mod 3 Unit 1**S2: Catholic Social Teaching |
| 6th February | 5 | **EYFS Mod 3 Unit 2**S1: Me, you, us | **KS1 Mod 3 Unit 2**S1: The communities we live in | **LKS2 Mod 3 Unit 2** S1: How do I love others? | **LKS2 Mod 3 Unit 2** S1: How do I love others? | **UKS2 Mod 3 Unit 2**S1: Reaching Out |
| 13th February | 6 | **Revise, Revisit, Review** | **Revise, Revisit, Review** | **Revise, Revisit, Review** | **Revise, Revisit, Review** | **Revise, Revisit, Review** |
|  | 1 |  |  | **British Values: Democracy** |
|  | 2 |  |  | **British Values: The Rule of Law** |
|  | 3 |  |  | **British Values: Individual Liberty** |
|  | 4 |  |  | **British Values: Mutual Respect** |
|  | 5 |  |  | **British Values: Tolerance** |

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| **RSE Curriculum Overview: Ten Ten 2 Year Cycle** |
| **Live Life to the Full – Ten Ten - Pathway #2 Cycle B (2023-24)** |  |
|  | Class 1 (EYFS/Y1) | Class 2 (Y1/2)KS1 Y2 | Class 3 (Y3/4)Lower KS2 Y4 | Class 4 (Y4/5)Upper KS2 Y5 | Class 5 (Y6)Upper KS2 Y6 |
| 1 | **EYFS Mod 1 Unit 1**Story: Handmade with love | **KS1 Mod 1 Unit 1**Story: Let the children come | **LKS2 Mod 1 Unit 1** Story: Get Up!S2: The Sacraments (R) | **UKS2 Mod 1 Unit 1**Story: Calming the storm | **UKS2 Mod 1 Unit 1**Story: Calming the storm |
| 2 | **EYFS Mod 2 Unit 1**S1: Role Model | **KS1 Mod 1 Unit 3**S1: Feelings, likes, dislikes | **LKS2 Mod 1 Unit 3**S1: What am I feeling? | **UKS2 Mod 2 Unit 1**S1: Is God calling you? | **UKS2 Mod 1 Unit 2**S1: Gifts and talents |
| 3 | **EYFS Mod 1 Unit 2**S2: Heads, shoulders knees and toes | **KS1 Mod 1 Unit 3**S2: Feeling Inside out | **LKS2 Mod 1 Unit 3**S2: What am I looking at? | **UKS2 Mod 2 Unit 2**S3: Self Talk | **UKS2 Mod 1 Unit 2**S4: Spots and Sleep |
| 4 | **EYFS Mod 1 Unit 2**S3: Ready teddy? | **KS1 Mod 1 Unit 3**S3: Super Susie Gets Angry | **LKS2 Mod 2 Unit 2**S1: Friends, family and others (R) | **UKS2 Mod 2 Unit 3**S1: Sharing isn’t always caring |
| 5 | **EYFS Mod 1 Unit 3**S1: I like, you .like, we all like | **KS1 Mod 3 Unit 1**S1: Three in one | **LKS2 Mod 2 Unit 2**S2: When things feel bad (R) | **UKS2 Mod 2 Unit 3**S2: Cyberbullying | **UKS2 Mod 1 Unit 3**S1: Body image |
| 6 | **EYFS Mod 1 Unit 3**S2: Good feelings, bad feelings | **KS1 Mod 3 Unit 1**S2: Who is my neighbour? | **UKS2 Mod 2 Unit 3**S3: Types of abuse | **UKS2 Mod 1 Unit 3**S2: Peculiar Feelings |
| 7 | **KS1 Mod 3 Unit 2**S1: The communities we live in | **LKS2 Mod 1 Unit 3**S3: I am thankful | **UKS2 Mod 2 Unit 3**S4: Impacted Lifestyles | **UKS2 Mod 1 Unit 3**S3: Emotional Changes |
| Holiday |
| 1. | **Year R****EYFS Mod 1 Unit 4**S1: Growing up**EYFS Mod 2 Unit 3**S1: Safe inside and outS2: My body, my rules | **Year 1****KS1 Mod 1 Unit 2**S1: I am Unique (R)**KS1 Mod 2 Unit 3**S3: Physical Contact **KS1 Mod 1 Unit 4**S1: The Cycle of life | **Year 2****KS1 Mod 1 Unit 2**S1: I am Unique (R)**KS1 Mod 1 Unit 2**S2: Girls and Boys | **Year 3****LKS2 Mod 1 Unit 2** S1: We don’t have to be the sameS2: Respecting our bodies **LKS2 Mod 2 Unit 3** S3: Safe in my body | **Year 4****LKS2 Mod 1 Unit 2** S2: Respecting our bodies (R)S3: What is puberty?S4: Changing Bodies | **Year 5****UKS2 Mod 1 Unit 2**S2: Girls BodiesS3: Boy’s BodiesS4: Male / Female discussion groups **UKS2 Mod 1 Unit 4**S3: Menstruation | **Year 6****UKS2 Mod 1 Unit 4**S1: Making Babies Part 1S2: Part 2 **UKS2 Mod 1 Unit 4**S3: Menstruation (R) |
| 2 | **EYFS Mod 1 Unit 3**S3: Let’s get real | **KS1 Mod 1 Unit 2**S3/4 My body: Clean and healthy | **LKS2 Mod 1 Unit 4**S1: Life cycles | **UKS2 Mod 2 Unit 3**S5: Making Good choices | **UKS2 Mod 1 Unit 3**S4: Seeing stuff on line |
| 3 | **UKS2 Mod 2 Unit 3**S6: Giving Assistance |
| 4 | **EYFS Mod 3 Unit 1**S1: God is love | **LKS2 Mod 3 Unit 1**S1: A community of Love | **UKS2 Mod 3 Unit 1**S1: The Trinity | **UKS2 Mod 3 Unit 1**S1: The Trinity |
| 5 | **EYFS Mod 3 Unit 1**S2: Loving God, loving others | **KS1 Mod 2 Unit 3**S5: Can you help me(part1) | **LKS2 Mod 3 Unit 1**S2: What is the church? | **UKS2 Mod 3 Unit 1**S2: Catholic Social Teaching | **UKS2 Mod 3 Unit 1**S2: Catholic Social Teaching |
| 6 | **EYFS Mod 3 Unit 2**S1: Me, you, us | **KS1 Mod 2 Unit 3**S6: Can you help me(part2) | **LKS2 Mod 3 Unit 2** S1: How do I love others? | **UKS2 Mod 3 Unit 2**S1: Reaching Out | **UKS2 Mod 3 Unit 2**S1: Reaching Out |
| 1 |  |  | **British Values: Democracy** |
| 2 |  |  | **British Values: The Rule of Law** |
| 3 |  |  | **British Values: Individual Liberty** |
| 4 |  |  | **British Values: Mutual Respect** |
| 5 |  |  | **British Values: Tolerance** |

The chosen Ten Ten Programme (Pathway #2) delivers the programme of RSE on a 2-year cycle with mixed age classes in school. This means that the learning stages (EYFS, KS1, LKS2 and UKS2) are spread over 2 years and there is some repetition of content year-on-year, with many topics only covered once every 2 years.

 In this Pathway:

* Pre-school, Year 1, 3 and 5 undertake ‘Module 2: Created to Love Others’
* Reception, Year 2, 4, and 6 undertake ‘Module 1: Created and Loved by God’
* All years to undertake sessions from ‘Module 3: Created to Live in Community’.

The Gospel story sessions in Module One and the Trinity story sessions in Module Three are run every year as they are foundational to the Religious Understanding taught in the programme.

In addition, certain , more sensitive, aspects of the RSE curriculum are taught each year within individual Year Group classes within a whole-school ‘Well-being Week’. (Based on Pathway #3 one year cycle). Repeating some units allows learning to be embedded. As children change and grow, their level of engagement will increase as the unit is repeated and this allows for the developmental learning required as the children grow.