



Personal Development Curriculum Overview

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Class 1 EYFS / Y1 (2023-24) (25-26)	<u>Safety First KS1</u>	RSE (Ten Ten)		RSE (Ten Ten)	<u>Diverse Britain KS1(Twinkle)</u>	<u>Money Matters KS1 (Twinkle)</u> Dental hygiene Healthy living
Class 1 EYFS/Y1 (2024-25) (26-27)	EYFS PSE Curriculum: Establishing clear routines. People who help us.	RSE (Ten Ten)	Well-being Week (In Year groups)	RSE (Ten Ten)	Our community . Our wider world	Keeping safe in the community Road Safety Healthy Living Dental Hygiene
Class 2 Y1/2 (2023-24) (25-26)	<u>Think Positive KS1</u>	RSE (Ten Ten)		RSE (Ten Ten)	<u>One World KS1 (Twinkle)</u>	<u>It's my body</u> <u>Aiming High KS1(Twinkle)</u>
Class 2 Y1/2 (2024-25) (26-27)	<u>Safety First KS1</u>	RSE (Ten Ten)		RSE (Ten Ten)	<u>Diverse Britain KS1(Twinkle)</u>	<u>Money Matters KS1 (Twinkle)</u>
Class 3 Y3/4 (2023-24) (25-26)	<u>Think Positive LKS2</u>	RSE (Ten Ten)		RSE (Ten Ten)	British Values	<u>One World LKS2</u> <u>Aiming High LKS2(Twinkle)</u>
Class 3 Y3/4 (2024-25) (26-27)	<u>Safety First LKS2</u>	RSE (Ten Ten)		RSE (Ten Ten)	British Values	<u>Diverse Britain LKS2(Twinkle)</u> <u>Money Matters LKS2(Twinkle)</u>
Class 4 Y4/5 (2023-24) (25-26)	<u>Think Positive UKS2 Digital wellbeing_ L4: Social Media</u>	RSE (Ten Ten)		RSE (Ten Ten)	British Values	<u>One World UKS2 (Twinkle)</u> <u>Aiming High UKS2(Twinkle)</u>
Class 4 Y4/5 (2024-25) (26-27)	<u>Safety First UKS2 Digital Wellbeing L6: Fake News</u>	RSE (Ten Ten)		RSE (Ten Ten)	British Values	<u>Diverse Britain UKS2(Twinkle)</u> <u>Money Matters UKS2(Twinkle)</u>
Class 5 Year 6	<u>Be yourself</u>	RSE (Ten Ten)			RSE (Ten Ten)	British Values

Health and well-being	Living in the Wider World	Ten Ten Life to the Full RSE (See below)	British Values	Economic Well-being Aspirations, work and career	Economic Well-being: Money
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RSE Curriculum Overview: Ten Ten 2 Year Cycle

Live Life to the Full – Ten Ten - Pathway #2

(2022-23)

(2024-25)

RSE Curriculum Overview: Ten Ten 2 Year Cycle							
Live Life to the Full – Ten Ten - Pathway #2							
		(2022-23)		(2024-25)			
		Class 1 (EYFS/Y1) EYFS: Rec	Class 2 (Y1/2) KS1 Y1	Class 3 (Y3/4) Lower KS2 Y3	Class 4 (Y4/5) Lower KS2 Y4	Class 5 (Y6) Upper KS2 Y6	
Advent 2	1	EYFS Mod 1 Unit 1 Story: Handmade with love	KS1 Mod 1 Unit 1 Story: Let the Children Come	LKS2 Mod 1 Unit 1 Story: Get Up! S2: The Sacraments	LKS2 Mod 1 Unit 1 Story: Get Up!	UKS2 Mod 1 Unit 1 Story: Calming the storm	
	2	EYFS Mod 1 Unit 2 S1: I am Me (R)	KS1 Mod 2 Unit 1 S1: God loves you.	LKS2 Mod 2 Unit 1 Story: Jesus my Friend	LKS2 Mod 1 Unit 3 S1: What am I feeling?	UKS2 Mod 1 Unit 2 S1: Gifts and talents	
	3	EYFS Mod 2 Unit 2 S1: Who’s who?	KS1 Mod 2 Unit 2 S1: Special People	LKS2 Mod 2 Unit 2 S1: Friends, family and others	LKS2 Mod 1 Unit 3 S2: What am I looking at?	UKS2 Mod 1 Unit 2 S4: Spots and Sleep	
	4	EYFS Mod 2 Unit 2 S2: You’ve got a friend in me	KS1 Mod 2 Unit 2 S2: Treat Others Well	LKS2 Mod 2 Unit 2 S2: When things feel bad	LKS2 Mod 1 Unit 3 S3: I am thankful	UKS2 Mod 1 Unit 3 S1: Body image	
	5		KS1 Mod 2 Unit 2 S3: ...and say sorry	LKS2 Mod 2 Unit 3 S1: sharing online	UKS2 Mod 1 Unit 2 S1: Gifts and talets	UKS2 Mod 1 Unit 3 S2: Peculiar Feelings	
	6	EYFS Mod 2 Unit 2 S3: Forever Friends	KS1 Mod 2 Unit 3 S1: Being Safe	LKS2 Mod 2 Unit 3 S2: Chatting online	LKS2 Mod 1 Unit 4 S1: Life cycles	UKS2 Mod 1 Unit 3 S3: Emotional Changes	
	7		KS1 Mod 2 Unit 3 S2: Good and bad secrets	LKS2 Mod 2 Unit 3 S4: Drugs, alcohol and tobacco			
Holiday							
Well-being Week	Year R EYFS Mod 1 Unit 4 S1: Growing up EYFS Mod 2 Unit 4 S1: Safe inside and out S2: Mu bodu, mu rules	Year 1 KS1 Mod 1 Unit 2 S1: I am Unique (R) KS1 Mod 2 Unit 3 S3: Physical Contact KS1 Mod 1 Unit 4	Year 2 KS1 Mod 1 Unit 2 S1: I am Unique (R) KS1 Mod 1 Unit 2 S2: Girls and Boys	Year 3 LKS2 Mod 1 Unit 2 S1: We don’t have to be the same S2: Respecting our bodies	Year 4 LKS2 Mod 1 Unit 2 S2: Respecting our bodies (R) S3: What is pu-berty?	Year 5 UKS2 Mod 1 Unit 2 S2: Girls Bodies S3: Boy’s Bodies S4: Male / Female discussion groups	Year 6 UKS2 Mod 1 Unit 4 S1: Making Babies Part 1 S2: Part 2 UKS2 Mod 1 Unit 4
Lent 1 First Week							



			S1: The Cycle of life		LKS2 Mod 2 Unit 3 S3: Safe in my body		S4: Changing Bodies		UKS2 Mod 1 Unit 4 S3: Menstruation		S3: Menstruation (R)	
Lent 1	1	EYFS Mod 2 Unit 3 S3: Feeling Poorly	KS1 Mod 2 Unit 3 S4: Harmful substances	LKS2 Mod 2 Unit 3 S5: First Aid heroes		UKS2 Mod 2 Unit 2 S1: Under Pressure			UKS2 Mod 1 Unit 3 S4: Seeing stuff on line			
	2	EYFS Mod 2 Unit 3 S4 People who help us		LKS2 Mod 3 Unit 1 S1:A community of love		UKS2 Mod 2 Unit 2 S2: Do you want a piece of cake?						
	3	EYFS Mod 3 Unit 1 S1: God is love	KS1 Mod 3 Unit 1 S1: Three in one	LKS2 Mod 3 Unit 1 S1:A community of love		LKS2 Mod 3 Unit 1 S1: A community of Love			UKS2 Mod 3 Unit 1 S1: The Trinity			
	4	EYFS Mod 3 Unit 1 S2: Loving God, loving others	KS1 Mod 3 Unit 1 S2: Who is my neighbour?	LKS2 Mod 3 Unit 1 S2: What is the church?		LKS2 Mod 3 Unit 1 S2: What is the church?			UKS2 Mod 3 Unit 1 S2: Catholic Social Teaching			
	5	EYFS Mod 3 Unit 2 S1: Me, you, us	KS1 Mod 3 Unit 2 S1: The communities we live in	LKS2 Mod 3 Unit 2 S1: How do I love others?		LKS2 Mod 3 Unit 2 S1: How do I love others?			UKS2 Mod 3 Unit 2 S1: Reaching Out			
	6	Revise, Revisit, Review	Revise, Revisit, Review	Revise, Revisit, Review		Revise, Revisit, Review			Revise, Revisit, Review			
Lent 2	1			British Values: Democracy								
	2			British Values: The Rule of Law								
	3			British Values: Individual Liberty								
	4			British Values: Mutual Respect								
	5			British Values: Tolerance								



RSE Curriculum Overview: Ten Ten 2 Year Cycle

Live Life to the Full – Ten Ten - Pathway #2

(2023-24) (2025-26)

		Class 1 (EYFS/Y1)	Class 2 (Y1/2) KS1 Y2	Class 3 (Y3/4) Lower KS2 Y4	Class 4 (Y4/5) Upper KS2 Y5	Class 5 (Y6) Upper KS2 Y6
Advent 2	1	EYFS Mod 1 Unit 1 Story: Handmade with love	KS1 Mod 1 Unit 1 Story: Let the children come	LKS2 Mod 1 Unit 1 Story: Get Up! S2: The Sacraments (R)	UKS2 Mod 1 Unit 1 Story: Calming the storm	UKS2 Mod 1 Unit 1 Story: Calming the storm
	2	EYFS Mod 2 Unit 1 S1: Role Model	KS1 Mod 1 Unit 3 S1: Feelings, likes, dislikes	LKS2 Mod 1 Unit 3 S1: What am I feeling?	UKS2 Mod 2 Unit 1 S1: Is God calling you?	UKS2 Mod 1 Unit 2 S1: Gifts and talents
	3	EYFS Mod 1 Unit 2 S2: Heads, shoulders knees and toes	KS1 Mod 1 Unit 3 S2: Feeling Inside out	LKS2 Mod 1 Unit 3 S2: What am I looking at?	UKS2 Mod 2 Unit 2 S3: Self Talk	UKS2 Mod 1 Unit 2 S4: Spots and Sleep
	4	EYFS Mod 1 Unit 2 S3: Ready teddy?	KS1 Mod 1 Unit 3 S3: Super Susie Gets Angry	LKS2 Mod 2 Unit 2 S1: Friends, family and others (R)	UKS2 Mod 2 Unit 3 S1: Sharing isn't always caring	
	5	EYFS Mod 1 Unit 3 S1: I like, you like, we all like	KS1 Mod 3 Unit 1 S1: Three in one	LKS2 Mod 2 Unit 2 S2: When things feel bad (R)	UKS2 Mod 2 Unit 3 S2: Cyberbullying	UKS2 Mod 1 Unit 3 S1: Body image
	6	EYFS Mod 1 Unit 3 S2: Good feelings, bad feelings	KS1 Mod 3 Unit 1 S2: Who is my neighbour?		UKS2 Mod 2 Unit 3 S3: Types of abuse	UKS2 Mod 1 Unit 3 S2: Peculiar Feelings
	7		KS1 Mod 3 Unit 2 S1: The communities we live in	LKS2 Mod 1 Unit 3 S3: I am thankful	UKS2 Mod 2 Unit 3 S4: Impacted Lifestyles	UKS2 Mod 1 Unit 3 S3: Emotional Changes
	Holiday					



Well being week		Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Lent 1 First week		EYFS Mod 1 Unit 4 S1: Growing up EYFS Mod 2 Unit 4 S1: Safe inside and out S2: My body, my rules	KS1 Mod 1 Unit 2 S1: I am Unique (R) KS1 Mod 2 Unit 3 S3: Physical Contact KS1 Mod 1 Unit 4 S1: The Cycle of life	KS1 Mod 1 Unit 2 S1: I am Unique (R) KS1 Mod 1 Unit 2 S2: Girls and Boys	LKS2 Mod 1 Unit 2 S1: We don't have to be the same S2: Respecting our bodies LKS2 Mod 2 Unit 3 S3: Safe in my body	LKS2 Mod 1 Unit 2 S2: Respecting our bodies (R) S3: What is puberty? S4: Changing Bodies	UKS2 Mod 1 Unit 2 S2: Girls Bodies S3: Boy's Bodies S4: Male / Female discussion groups UKS2 Mod 1 Unit 4 S3: Menstruation	UKS2 Mod 1 Unit 4 S1: Making Babies Part 1 S2: Part 2 UKS2 Mod 1 Unit 4 S3: Menstruation (R)
Lent 1	2	EYFS Mod 1 Unit 3 S3: Let's get real	KS1 Mod 1 Unit 2 S3/4 My body: Clean and healthy	LKS2 Mod 1 Unit 4 S1: Life cycles		UKS2 Mod 2 Unit 3 S5: Making Good choices	UKS2 Mod 1 Unit 3 S4: Seeing stuff on line	
	3					UKS2 Mod 2 Unit 3 S6: Giving Assistance		
	4	EYFS Mod 3 Unit 1 S1: God is love		LKS2 Mod 3 Unit 1 S1: A community of Love		UKS2 Mod 3 Unit 1 S1: The Trinity	UKS2 Mod 3 Unit 1 S1: The Trinity	
	5	EYFS Mod 3 Unit 1 S2: Loving God, loving others	KS1 Mod 2 Unit 3 S5: Can you help me(part1)	LKS2 Mod 3 Unit 1 S2: What is the church?		UKS2 Mod 3 Unit 1 S2: Catholic Social Teaching	UKS2 Mod 3 Unit 1 S2: Catholic Social Teaching	
	6	EYFS Mod 3 Unit 2 S1: Me, you, us	KS1 Mod 2 Unit 3 S6: Can you help me(part2)	LKS2 Mod 3 Unit 2 S1: How do I love others?		UKS2 Mod 3 Unit 2 S1: Reaching Out	UKS2 Mod 3 Unit 2 S1: Reaching Out	
Lent 2	1			British Values: Democracy				
	2			British Values: The Rule of Law				
	3			British Values: Individual Liberty				
	4			British Values: Mutual Respect				
	5			British Values: Tolerance				

The chosen Ten Ten Programme (Pathway #2) delivers the programme of RSE on a 2-year cycle with mixed age classes in school. This means that the learning stages (EYFS, KS1, LKS2 and UKS2) are spread over 2 years and there is some repetition of content year-on-year, with many topics only covered once every 2 years.

In this Pathway:

- Pre-school, Year 1, 3 and 5 undertake 'Module 2: Created to Love Others'
- Reception, Year 2, 4, and 6 undertake 'Module 1: Created and Loved by God'
- All years to undertake sessions from 'Module 3: Created to Live in Community'.

The Gospel story sessions in Module One and the Trinity story sessions in Module Three are run every year as they are foundational to the Religious Understanding taught in the programme.

In addition, certain, more sensitive, aspects of the RSE curriculum are taught each year within individual Year Group classes within a whole-school 'Well-being Week'. (Based on Pathway #3 one year cycle). Repeating some units allows learning to be embedded. As children change and grow, their level of engagement will increase as the unit is repeated and this allows for the developmental learning required as the children grow.

RSE, PSHE and Safeguarding Curriculum

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Whole School	Mission statement, Vision and Values Assembly Cafod Family Fast day Collection for Ashby Foodbank – Harvest PAT dogs Recycling assembly – Recycling week. Play Coach training	Black History week Firework safety Feast of St Charles Borromeo Antibullying week Diwali Assembly Christmas local charities fundraising Diabetes awareness assembly Fire safety – visit from fire station (Y1 and Y5)	Internet safety week Children's mental health week Pharmacy Visit (drug awareness – Y5/6)	Lenten Fundraising Healthy lunchboxes Science week Warning Zone – Year 5 / 6	Bikeability – Year 6 Road Safety	Local Community Litter picking Water safety talk Sports Day Vocations week
St Charles Way	Mission statement Vision: With a love for learning. With Christ in their hearts. With a deep sense of responsibility. Values: Compassionate Aspirational	Mission statement Vision: With life-long skills to enhance their future. With outstanding manners. Showing care and respect for all. Values: Determined Enthusiastic	Mission statement Vision: Having achieved their best. With a sense of pride and confidence. Values: Humble Friendly Trustworthy	Mission statement Vision: With a love for learning. With Christ in their hearts. With a deep sense of responsibility. Values: Compassionate Aspirational	Mission statement Vision: With life-long skills to enhance their future. With outstanding manners. Showing care and respect for all. Values: Determined Enthusiastic	Mission statement Vision: Having achieved their best. With a sense of pride and confidence. Values: Humble Friendly Trustworthy
Ordo Themes	Welcome Creation Encounter Belonging	Individuality Holiness Giving Youth	Epiphany Discipleship Inspire Challenge	Justice Prayer Fasting Almsgiving	Missionary discipleship Faith Vocation	Piety Knowledge Understanding Wisdom



	Learning Inclusion Rosary Diversity	Kingdom Hope Peace Joy	Care Healing	Sacrifice Journey	Witness Example Communication	Counsel
House teams	Election of house captain / vice Collective worship led by house captains House mission statement	Feeling safe at school – anti bullying focus Supporting others – advent charities	How do we stay safe online / outside of school Eco award / roadmap		Diversity and equality Catholic Life Evaluation	
Parental Engagement	Phonics workshop Harvest Liturgy SPECIAL MENS	Firework night Nativity plays Christmas Fair	Online safety meeting SATS meeting	Mothers Day Liturgy Easter Bingo		Summer Fair Father's Day liturgy
British Values British Values D- Democracy IL- Individual Liberty MR- Mutual Respect RoL- Rule of Law T- Tolerance	Democracy Voting Eco team / chaplaincy leads. House captain voting	Tolerance of those of different faiths and beliefs: Black history week	Individual liberty	Mutual respect Democracy: Outreach visit from UK Parliament	Tolerance	The rule of law
Understanding of technology & Media	See computing LT plan		Internet safety week	Warning Zone- Year 6		
Physical and mental health	ELSA	ELSA				
Citizenship	Measham Community Gardening Committee (weekly)	Poppy Appeal PGL – Years 5 / 6 World youth fun day				YEAR 6 Police visit
Economic wellbeing						Money Matters (curric) Aiming High (PSHE cur-ric) Grow a pound (Y6) young enterprise challenge

