



St Charles Catholic Primary School PE Long Term Plan

EYFS KS1	Year Group	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Repeated each year	Class 1 EYFS	Generic drills and games		Tennis		Athletics	
		Football		Gymnastics		Dance	
	Class 2	Fundamentals	Gymnastics	Invasion Games	Strike and Field	Athletics	Fitness
		Team Building	Dance	Yoga	Send and Receive	Ball Skills	Sports Day Prep



St Charles Catholic Primary School PE Long Term Plan

KS2	Year Group	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
2023 - 2024	Class 3	Football	Gymnastics	Swimming	Outdoor Adventures	Fitness	Athletics
		Ball Skills	Dance		Hockey	Netball	Rounders
2024-2025	Class 3	Tag Rugby	Basketball		Volleyball	Tennis	Athletics
		Dodgeball	Cosmic Yoga		Dance	Cricket	Sports Day Prep
2023- 2024	Class 4	Football	Gymnastics	Badminton	Outdoor Adventures	Swimming	Athletics
		Ball Skills	Dance	Fitness	Hockey		Cricket
2024-2025	Class 4	Tag Rugby	Basketball	Volleyball	Outdoor Adventures	Tennis	Athletics
		Dodgeball	Cosmic Yoga	Dance	Fitness	Cricket	Sports Day Prep
Repeated every year	Class 5	Hockey	Gymnastics	Dodgeball	Outdoor Adventures	Athletics	Swimming
		Tag Rugby	Dance	Badminton	Rounders	Cricket	